



Dr. Jesse Sanders Empowerment Counselor and Coach

Provoking You to Move in Power

Father • Mentor • Christian Counselor • Empowerment Life Coach • Author
• Inspirational/Motivational Speaker • Keynote Speaker

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Dr. Sanders is a single father, co-parenting father, innovative counselor and life coach, with limitless energy. He maneuvers without boundaries and offers stimulating guidance in practicality and precision to guide positive changes in lives.

Dr. Sanders believes that having a clear vision of one's life intentions along with self-determination is easy to achieve by redefining ones thinking and behaviors. Redefined LLC program gives each individual and family a map to cultivation and self- acceptance. It uncovers potential that lies dormant within.

Enter into your partnership with Dr. Sanders and unlock the vision that lies within you. Allow your full redefining potential to shine through now!

Redefining Development:

- Close the gap between mediocre and remarkable.
- Learn proven strategies for maintaining a wholesome surrounding.
- Live a newly redefined life beyond regrets.
- Learn to embrace shifts (the detours).
- Unlock inner doors of empowerment and greatness.
- Discover the power of "NO" and live for YOU
- Creating and capturing a powerful, redefined vision of lifebalance
- Proven successful co-parenting and family unit communication strategies
- And much more!



Specializes In:

- The Detour Theory - Using deviated routes to become redefined & empowered instead of being frustrated.
- Building Strong Family Units "Learning the importance of the unit through team work"
- Destroying dysfunctional mentalities.
- Teaching parents to walk in liberty and focusing on what's important.
- Single Fathers - Your presence is equally important, focus on your family unit.
- And much more!

Social Media Links

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